

# Monday Night Duathlon

Aug 1<sup>st</sup> 2005

Duathlon		Name		RUN		Transition	BIKE			Over All Time		
Place	Category	First	Last	Time		Avg. Min. per mile	Split	Time		Avg. Min per mile	Avg. MPH 11.75 miles	
				Min.	Sec.			Min.	Sec.			
1	Male	Patrick	Dougherty	19	19	6:26	0:00:25	33	9	2:49	21.27	0:52:53
2		Tom	Gibbins	20	27	6:49	0:00:33	32	18	2:44	21.83	0:53:18
3		Dan	Trott	20	52	6:57	0:00:18	34	15	2:54	20.58	0:55:25
4		Robert	Rose	21	0	7:00	0:00:53	33	52	2:52	20.82	0:55:45
5		Jeff	Whitehead	23	30	7:50	0:00:40	42	22	3:36	16.64	1:06:32
6		Danny	Stinson	21	19	7:06	0:01:06	46	55	3:59	15.03	1:09:20
7		Travis	Green	24	45	8:15	0:01:06	46	55	3:59	15.03	1:09:20
1	Female	Kerrie	Hora	21	24	7:08	0:01:55	41	8	3:30	17.14	1:04:27
2		Kathleen	Weber	25	59	8:39	0:01:16	37	30	3:11	18.80	1:04:45
3		Deanna	Weber	26	15	8:45	0:01:00	37	30	3:11	18.80	1:04:45
4		Amanda	Henkes	21	54	7:18	0:01:25	47	15	4:01	14.92	1:10:34
Run	Only	Lane	Fossett	25	40	8:33						0:25:40